



Fifth Grade Social Emotional Learning/Health Curriculum

SEL	Health	ISBE Standards
Bullying Intro Lesson		
UNIT 1: EMPATHY & SKILLS FOR LEARNING S.S. Lesson 1 & 2		2A.1b-Use listening skills to identify the feelings and perspectives of others. 2C.1b-Demonstrate appropriate social and classroom behavior. 1.A.2a-Describe a range of emotions and the situations that cause them.
S.S. Lesson 3		
S.S. Lesson 4 & 5		
Bullying Lesson 1		
Bullying Lesson 2		2B.2b. Demonstrate how to work effectively with those who are different from oneself. 24.C.2A Identify characteristics of bullying and how to report bullying. Identify the difference between reporting and tattling.
Bullying Lesson 3		
Bullying Lesson 4 & assess (use Second Step BPU assessment)		
S.S. Lesson 6		
S.S. Lesson 7		
S.S. Lesson 8 Assessment* Jot Thoughts Assessment		2.A.2a- Identify verbal, physical, and situational cues that indicate how others may feel. 2.A.2b- Describe the expressed feelings and perspectives of others.
	Nutritional Information (MyPlate curriculum)	22.A.2.b Make healthy food choices using nutritional information.
	Nutritional information	
	Nutritional information (introduce menu plan assignment)	
	Nutritional information(Numbered	

	heads together or Kahoot)	
	Nutritional information	
UNIT 2: EMOTION MANAGEMENT S.S. Lesson 9 & 10		1.A.2b Describe and demonstrate ways to express emotions in a socially acceptable manner.
S.S. Lesson 11 & 12		
S.S. Lesson 13		
S.S. Lesson 14		
S.S. Lesson 15 & Assess		
	Puberty	23.A.2a Identify the structures, functions, and interrelatedness of reproduction. 23.B.2a Differentiate between male and female development in puberty. 23.C.2a, 23.C.2b Describe changes in development from teenage to old age (growth, decline, death)
	Puberty	
UNIT 3: PROBLEM SOLVING S.S. Lesson 16 & 17		2.A.2b Describe the expressed feelings and perspectives of others. 2.B.2b Demonstrate how to work effectively with those who are different from oneself. 2.C.1a Identify ways to work and play well with others. 2.C.1b Demonstrate appropriate social and classroom behavior.
S.S. Lesson 18 & 19		
S.S. Lesson 20 & 21		
SPRING BREAK		
S.S. Lesson 22 & Assess		
	Too Good for Alcohol	24.C.2.a Evaluate the effects of drugs on personal safety and health. Evaluate the effects of alcohol on personal safety and health. Evaluate the effects of tobacco on personal safety and health.
	Too Good for Tobacco	
	Too Good for Drugs	
S.S. CPU 1		22.A.1c; 22.C.1a Identify good and bad touching and trusted adults Erin's Law
S.S. CPU 2		

S.S. CPU 3		
S.S. CPU 4 and assess (6 questions)		
